

CHICKEN-LIKE SEASONING by Carin Lynch

Ingredients:

- ¾ cup nutritional yeast flakes
- 1 ½ TBSP onion powder
- 1 tsp garlic powder
- ½ tsp turmeric
- ½ tsp celery seed
- 1 tsp oregano
- 1 tsp basil
- 2 tsp Himalayan pink salt or salt of choice
- 1 tsp coconut sugar or turbinado (raw) sugar
- 1 TBSP dried parsley

Procedure:

1. Add all ingredients except parsley to a blender and process until a powdery consistency is formed.
2. Add dried parsley and stir in.